

## RECESS AND LUNCHTIME DAILY

- Jelly Cups \$1.00
- Bottled Water \$1.50
- Choc or Straw Chill \$2.00
- Assorted Juice Boxes \$1.70
- CHILL J Sparkling Juice \$2.20
- Sippah straw with milk \$2.00
- Sml 225ml carton Milk \$1.50
- Milo \$2.00

## RECESS SPECIALS

- Chicken Nuggets .60c
- Hash Browns .60c
- Muffins .60c
- COOKIES .60c
- Cheesy \$1.20
- Homemade Pizza \$1.20
- Ham and Cheese pocket \$1.20

Remember how special you felt when YOUR mum was on duty at the school canteen?  
Don't let your kids miss out on the memories. Download a canteen volunteer form today.



# OUR LADY OF LOURDES THE MUNCH BOX SUMMER MENU 2019

Term 1

OPEN  
WEDNESDAY and FRIDAY



**Volunteers help keep canteen costs down and our prices low.**  
How can you help our canteen?

**Please come in and put your name on the roster!**  
**COME AND SPEND SOME TIME WITH ME !!**

Canteen Manager: Mrs Pauline Miranda  
29 MARDIA WAY  
NOLLAMARA

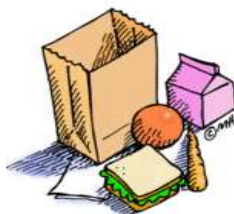
<u>Sandwiches</u>	<u>Rolls</u>	<u>Wraps</u>	
• Ham/ Tuna/Chicken/Cheese	\$2.60	\$3.20	\$3.20
• Egg – plain or curried	\$2.60	\$3.20	\$3.20
• Salad	\$2.00	\$2.60	\$2.60
• Vegemite	\$1.50	\$2.00	\$2.00

### EXTRAS

- Salad .60  
(Lettuce, tomato, cucumber, carrot)
- Avocado .70
- Toasted .50
- Cheese .60
- Egg .60

All bread used in the canteen is wholemeal.

White bread and **Gluten free** available on request.



### SALAD PLATES

- PLAIN SALAD \$3.00
- SUPER SALAD \$4.50  
(Includes plain salad with beetroot, capsicum, onion, avocado)
- **ADD** HAM, TUNA, CHICKEN OR EGG/CHEESE \$1.50

### AFTER LUNCH SALES

- Paddle Pop variety of flavours \$1.80
- Quelch Icy Fruit Sticks .60c
- Lemonade/Raspberry Icy poles \$1.50
- Ice-cream cups \$1.50 **GF**
- Calippo mini \$1.00
- Moosie Chocolate/Strawberry \$1.50

### WEDNESDAY and FRIDAY

- PIZZA SINGLE cheese/bacon \$3.00
- LASAGNE \$4.50
- PASTA BOLOGNAISE \$4.50
- MACARONI CHEESE \$4.50
- FRIED RICE \$4.50 **GF**
- ARANCINI (CHEESE RICE BALL) \$1.60 each
- 3 ARANCINI \$4.50
- SAUSAGE ROLL \$3.00
- BEEF PIE \$3.80
- Tomato sauce portion .50
- Chicken and Corn roll \$2.80



## WEDNESDAY SPECIAL

Chicken schnitzel  
burger  
with lettuce and  
mayo  
**\$4.50**

## FRIDAY SPECIAL

Burger with  
cheese, lettuce  
and sauce  
**\$4.50**

